

Overall Place	Gun Time	Name	Club	Bib	Gender	ender Plac	Category	Category Pla	Pace	Chip Time
1	29:58.3	Luke Traynor	Giffnock North AAC	671	M	1	MSnr	1	3:00/K	29:57.1
2	32:54.1	Neil Renault	Edinburgh AC	612	M	2	MSnr	2	3:17/K	32:53.0
3	33:09.8	Richard Mair	Kilmarnock H & AC	506	M	3	MSnr	3	3:19/K	33:08.8
4	33:52.2	Kerry-Liam Wilson	Ronhill Cambuslang Harriers	693	M	4	MV40	1	3:23/K	33:51.1
5	34:28.3	Iain MacDonald	Edinburgh Athletic Club	498	M	5	MSnr	4	3:27/K	34:26.8
6	34:43.0	Euan Webster	Aberdeen AAC	683	M	6	MSnr	5	3:28/K	34:42.0
7	35:17.9	Steven Prentice	North East Marathon Club	605	M	7	MV40	2	3:32/K	35:16.8
8	35:18.1	Andrew Bonner	Giffnock North AAC	331	M	8	MSnr	6	3:32/K	35:16.5
9	35:30.2	Kenneth Neill	Ayr Seaforth AAC	588	M	9	MSnr	7	3:33/K	35:28.6
10	35:57.6	Darren McQuade	Bellahouston Harriers	562	M	10	MSnr	8	3:36/K	35:55.9
11	36:03.2	Brian Douglas	Cambuslang Harriers	399	M	11	MV40	3	3:36/K	36:01.9
12	36:32.9	Iain Craven	Edinburgh Athletic Club	379	M	12	MSnr	9	3:39/K	36:31.1
13	36:40.1	Avril Mason	Shettleston Harriers	514	F	1	FV40	1	3:40/K	36:38.8
14	36:59.6	Luke Chamberlain	Giffnock North AAC	366	M	13	MV40	4	3:42/K	36:57.5
15	37:10.2	Craig Ross	Glasgow Triathlon Club	625	M	14	MSnr	10	3:43/K	37:08.8
16	37:11.8	Tom Jessop	Ayrodynamic Triathlon Club	464	M	15	MSnr	11	3:43/K	37:09.6
17	37:15.4	Matt Kasten	Unattached	471	M	16	MSnr	12	3:42/K	36:58.1
18	37:19.9	Paul Bowden	The Stragglers Running Club	333	M	17	MSnr	13	3:44/K	37:18.5
19	37:23.0	Paul Lafferty	Irvine Running Club	486	M	18	MSnr	14	3:44/K	37:20.7
20	37:23.8	Ruairidh MacDonald	Bellahouston Harriers	497	M	19	MSnr	15	3:44/K	37:19.6
21	37:34.4	Craig Ferguson	Unattached	407	M	20	MSnr	16	3:44/K	37:21.4
22	37:36.5	Paul Kernohan	Cambuslang Harriers	481	M	21	MSnr	17	3:45/K	37:32.1
23	37:41.5	Chris Lorimer	Unattached	492	M	22	MSnr	18	3:46/K	37:39.0
24	37:47.8	Graeme Kafka	Unattached	470	M	23	MSnr	19	3:46/K	37:44.9
25	37:49.0	Claire Somerton	Cambridge & Coleridge AC	650	F	2	FSnr	1	3:47/K	37:45.7
26	37:56.6	Calum MacDonald	Ayr Seaforth AAC	496	M	24	MSnr	20	3:47/K	37:54.6
27	37:58.6	Andrew Pearson	Metro Aberdeen Running Club	600	M	25	MSnr	21	3:48/K	37:56.1
28	37:58.7	James Connelly	Kilmarnock H & AC	370	M	26	MV40	5	3:48/K	37:56.1
29	38:01.6	Iain Murdoch	Stockport Harriers & AC	579	M	27	MV40	6	3:48/K	37:59.9
30	38:07.5	Andrew Hutcheson	G72 Tri	459	M	28	MSnr	22	3:49/K	38:05.7
31	38:23.7	Sam Joseph	Swansea Harriers AC	469	M	29	MSnr	23	3:50/K	38:19.6
32	38:34.6	Robbie Dunlop	Dundee Road Runners AC	403	M	30	MSnr	24	3:51/K	38:32.8
33	38:40.0	Connell Drummond	Kilmarnock H & AC	401	M	31	MV40	7	3:52/K	38:38.0
34	38:40.8	Ronan Anderson	Fleet Feet Triathlon	306	M	32	MSnr	25	3:52/K	38:37.8
35	38:41.7	Neil Robbins	Hamilton Harriers	618	M	33	MV50	1	3:52/K	38:39.7

36	38:43.1	Patrick Gibbons	Garscube Harriers	418	M	34	MV40	8	3:52/K	38:40.2
37	38:48.0	Kieran Pugh	Strathclyde University Harriers	607	M	35	MSnr	26	3:53/K	38:45.0
38	38:59.0	Charles Graham-Marr	Central Athletics	428	M	36	MV50	2	3:54/K	38:56.6
39	39:21.6	Ollie Traynor	Bellahouston Road Runners	670	M	37	MSnr	27	3:56/K	39:18.9
40	39:22.2	Brian Hughes	Glasgow South Road Runners	456	M	38	MV60 ++	1	3:56/K	39:19.0
41	39:24.6	Matt Pearce	Troon Tortoises AC	599	M	39	MV40	9	3:56/K	39:22.0
42	39:42.1	Joe Chambers	Springburn Harriers	367	M	40	MSnr	28	3:57/K	39:34.0
43	39:43.7	Laura Wallace	Ayr Seaforth AAC	680	F	3	FSnr	2	3:58/K	39:41.5
44	39:44.5	Jim Phillips	Troon Tortoises AC	602	M	41	MV40	10	3:58/K	39:41.2
45	39:50.4	Tony Carroll	Kilbarchan Amateur Athletic Club	363	M	42	MV40	11	3:59/K	39:47.4
46	39:51.3	Fraser McPhail	Troon Tortoises AC	561	M	43	MV40	12	3:59/K	39:48.3
47	39:52.4	Lindsey Currie	Dumbarton AAC	387	F	4	FV40	2	3:59/K	39:49.2
48	40:00.5	Jill Smylie	Giffnock North AAC	647	F	5	FSnr	3	4:00/K	39:58.1
49	40:07.2	David McMillan	G72 Tri	555	M	44	MSnr	29	4:00/K	40:00.3
50	40:09.8	Colin Reilly	Unattached	611	M	45	MSnr	30	4:00/K	40:00.7
51	40:13.5	Mark Caldwell	Ayr Seaforth AAC	357	M	46	MV40	13	4:01/K	40:09.3
52	40:35.7	John Allan	Troon Tortoises AC	305	M	47	MSnr	31	4:03/K	40:30.4
53	40:41.6	Alasdair Meldrum	Ayr Seaforth AAC	566	M	48	MV40	14	4:04/K	40:39.6
54	40:49.9	Marcus Whyte	Motherwell AC	689	M	49	MSnr	32	4:04/K	40:41.4
55	40:56.1	John Tougher	Kilmarnock H & AC	667	M	50	MV40	15	4:05/K	40:50.3
56	40:57.6	Ralph Connolly	Victoria Park City of Glasgow AC	371	M	51	MV50	3	4:05/K	40:53.8
57	41:08.8	Robin Jamieson	Schaeffer BMW	463	M	52	MSnr	33	4:06/K	40:56.8
58	41:09.6	Paul Houston	Bellahouston Harriers	454	M	53	MV40	16	4:07/K	41:05.3
59	41:15.8	Charlene Kelly	Dumbarton AAC	476	F	6	FSnr	4	4:07/K	41:12.4
60	41:21.2	Chris Liddle	Unattached	491	M	54	MSnr	34	4:07/K	41:14.7
61	41:33.7	Martin Graham	Unattached	657	M	55	MSnr	35	4:09/K	41:25.9
62	41:53.9	Alasdair James	Unattached	461	M	56	MSnr	36	4:11/K	41:47.5
63	41:54.0	Chris James	Skye and Lochalsh Running Club	460	M	57	MSnr	37	4:11/K	41:47.9
64	41:55.5	John Somerville	Unattached	652	M	58	MSnr	38	4:11/K	41:51.7
65	41:57.7	Andy Whiteford	Unattached	688	M	59	MSnr	39	4:11/K	41:54.2
66	42:15.2	Kirsty Alexander	Kilmarnock H & AC	303	F	7	FV40	3	4:13/K	42:09.2
67	42:26.5	Brian McGhee	Unattached	539	M	60	MSnr	40	4:14/K	42:16.6
68	42:26.5	Sean Barron	Unattached	319	M	61	MSnr	41	4:13/K	42:11.6
69	42:28.5	Donald Cameron	Unattached	360	M	62	MSnr	42	4:14/K	42:21.2
70	42:34.6	Alastair MacLachlan	Bellahouston Road Runners	503	M	63	MV50	4	4:15/K	42:31.8
71	42:36.8	Stewart McAllister	Kilmarnock H & AC	698	M	64	MSnr	43	4:15/K	42:28.7

72	42:40.6	Alan Auld	Unattached	312	M	65	MV40	17	4:16/K	42:36.8
73	42:42.9	Alasdair Murray	Kilmarnock H & AC	584	M	66	MV40	18	4:16/K	42:36.2
74	42:46.2	Natalie Somerville	Maryhill Harriers	651	F	8	FSnr	5	4:16/K	42:44.1
75	42:52.9	Emma Baxter	Greenock Glenpark Harriers	320	F	9	FSnr	6	4:17/K	42:48.8
76	42:59.9	Brian Davidson	Dunbar Running Club	391	M	67	MV40	19	4:18/K	42:56.8
77	43:03.1	Andrew McCormick	Portobello Running Club	528	M	68	MV40	20	4:17/K	42:52.5
78	43:10.5	Laurence Baker	Ayr Seaforth AAC	314	M	69	MV50	5	4:19/K	43:07.4
79	43:10.8	Katie Sampson	Ferranti AAC	631	F	10	FSnr	7	4:19/K	43:07.4
80	43:24.4	Murray McAlpine	Hamilton Harriers	519	M	70	MSnr	44	4:18/K	43:01.3
81	43:31.4	Davie Jones	Ayr Seaforth AAC	468	M	71	MV40	21	4:21/K	43:27.2
82	43:31.9	David Ferguson	Unattached	410	M	72	MSnr	45	4:20/K	43:21.8
83	43:50.8	Gordon McNab	Unattached	557	M	73	MV40	22	4:22/K	43:43.9
84	43:51.8	William Gough	Unattached	423	M	74	MV40	23	4:22/K	43:44.1
85	43:56.3	Adam McCalmont	Unattached	523	M	75	MSnr	46	4:23/K	43:51.6
86	43:58.7	Brian MacFarlane	Unattached	500	M	76	MSnr	47	4:23/K	43:48.6
87	44:06.3	Mark Russell	ATHelite Tri club	626	M	77	MV40	24	4:24/K	43:56.7
88	44:13.4	Liam Burns	Unattached	355	M	78	MSnr	48	4:24/K	43:58.3
89	44:40.1	Karen Dobbie	Edinburgh Athletic Club	396	F	11	FV50	1	4:28/K	44:35.2
90	44:46.6	Peter McManus	East Coast Athletic club	554	M	79	MSnr	49	4:27/K	44:34.5
91	44:49.4	Scott McIntosh	Ayr Seaforth AAC	543	M	80	MV40	25	4:28/K	44:42.4
92	44:53.2	Gerry Burns	Unattached	354	M	81	MV40	26	4:28/K	44:43.6
93	44:53.9	Garry Henderson	Unattached	448	M	82	MV50	6	4:29/K	44:50.4
94	44:55.7	Rodger Sangster	Unattached	632	M	83	MV40	27	4:28/K	44:42.2
95	44:56.7	Ross Sinclair	Unattached	642	M	84	MSnr	50	4:29/K	44:49.5
96	45:01.7	Ross Bickerstaff	hamilto	328	M	85	MV50	7	4:28/K	44:38.5
97	45:04.8	Christopher Johnson	Ayr Burners	465	M	86	MSnr	51	4:29/K	44:54.8
98	45:15.2	Stephen Heathcote	Unattached	446	M	87	MSnr	52	4:29/K	44:54.9
99	45:19.3	Derek Cambers	Unattached	358	M	88	MV50	8	4:31/K	45:12.7
100	45:24.6	Stuart Nibloe	Kilmarnock H & AC	592	M	89	MSnr	53	4:32/K	45:18.1
101	45:31.8	Graham Ramage	Calderglen Harriers	608	M	90	MV40	28	4:32/K	45:22.8
102	45:35.8	Gordon McLarnon	Unattached	550	M	91	MSnr	54	4:32/K	45:20.5
103	45:37.8	Allan McWilliams	Unattached	565	M	92	MV40	29	4:33/K	45:32.6
104	45:41.4	Jenni Conway	St Albans Striders	372	F	12	FSnr	8	4:33/K	45:31.9
105	45:42.5	Tom Ryan	Unattached	629	M	93	MSnr	55	4:34/K	45:37.2
106	45:44.0	Sarah Hunter	Unattached	458	F	13	FV40	4	4:34/K	45:39.3
107	45:55.3	John Hannah	Ayr Seaforth AAC	442	M	94	MV40	30	4:35/K	45:52.1

108	45:57.6	Valerie Martin	www.dooleys-cycles.co.uk	509	F	14	FV50	2	4:35/K	45:53.7
109	46:10.1	Ian Hockey	Unattached	452	M	95	MSnr	56	4:36/K	46:00.0
110	46:12.3	Sandra Reid	Unattached	610	F	15	FV40	5	4:36/K	45:58.9
111	46:13.0	Christopher Smith	Giffnock North AAC	646	M	96	MV50	9	4:37/K	46:07.3
112	46:19.4	Callum Meldrum	Ayr Seaforth AAC	567	M	97	MU18	1	4:37/K	46:14.4
113	46:19.8	Andrew Chapman	Unattached	368	M	98	MSnr	57	4:36/K	46:01.8
114	46:26.9	Stuart McColm	Ayr Seaforth AAC	525	M	99	MV40	31	4:38/K	46:23.0
115	46:33.1	Kay Conneff	Calderglen Harriers	369	F	16	FSnr	9	4:38/K	46:23.9
116	46:38.4	Richard Koiak	Unattached	484	M	100	MSnr	58	4:38/K	46:24.1
117	46:41.9	Suzanne Boyle	Bellahouston Harriers	338	F	17	FSnr	10	4:39/K	46:34.0
118	46:46.0	Andy Taylor	Red Star AC	661	M	101	MV50	10	4:40/K	46:37.3
119	46:55.2	Leslie James Mc Dermen	Kilmarnock H & AC	517	M	102	MV40	32	4:41/K	46:46.9
120	47:00.8	Andrew Tuft	Unattached	675	M	103	MV40	33	4:42/K	46:58.1
121	47:01.7	Michael Flinn	Irvine Running Club	412	M	104	MV60 ++	2	4:41/K	46:53.1
122	47:09.0	Neil Hunter	Unattached	457	M	105	MV40	34	4:42/K	47:03.2
123	47:15.7	Alex Hill	St Bees Triers	451	M	106	MV40	35	4:42/K	47:03.3
124	47:23.9	Elizabeth Mc Derment	Kilmarnock H & AC	518	F	18	FV40	6	4:44/K	47:16.7
125	47:26.7	Rachel Borland	Unattached	332	F	19	FV40	7	4:44/K	47:19.5
126	47:32.3	Ewen Walker	Troon Tortoises AC	679	M	107	MV60 ++	3	4:45/K	47:25.0
127	47:36.8	Nigel Robinson	Unattached	621	M	108	MV40	36	4:45/K	47:29.6
128	47:43.6	Brian Dunn	Ayr Seaforth AAC	405	M	109	MV50	11	4:46/K	47:41.1
129	47:47.5	Sharon McNicol	Troon Tortoises AC	560	F	20	FSnr	11	4:45/K	47:34.4
130	47:51.8	Matt Ferguson	Kilmarnock H & AC	408	M	110	MV60 ++	4	4:46/K	47:38.8
131	48:13.0	Gary Crombie	Unattached	384	M	111	MV40	37	4:48/K	48:03.6
132	48:18.2	Jim Kelly	Unattached	478	M	112	MV50	12	4:49/K	48:07.6
133	48:21.3	David Butcher	Hamilton Harriers	356	M	113	MV40	38	4:48/K	47:56.1
134	48:22.8	Laura Johnston	Dumbarton AAC	466	F	21	FSnr	12	4:49/K	48:11.7
135	48:24.9	Alan MacDonald	Unattached	495	M	114	MV50	13	4:50/K	48:20.7
136	48:27.4	David Graham	G72 Tri	426	M	115	MSnr	59	4:50/K	48:19.4
137	48:29.7	Peter Taylor	Unattached	662	M	116	MV60 ++	5	4:50/K	48:19.4
138	48:33.0	Eric Baxter	Unattached	321	M	117	MV60 ++	6	4:50/K	48:21.4
139	48:33.8	Richard Thow	Unattached	664	M	118	MV40	39	4:49/K	48:13.5
140	48:37.2	Chris Haran	Unattached	443	M	119	MSnr	60	4:50/K	48:22.9
141	48:37.7	Gary Maurer	Unattached	516	M	120	MSnr	61	4:50/K	48:23.7
142	48:51.6	Daniel Rollins	Unattached	624	M	121	MSnr	62	4:52/K	48:39.6
143	48:57.8	Laura Bowden	The Stragglers Running Club	334	F	22	FSnr	13	4:53/K	48:53.3

144	49:00.5	Paul Walker	Unattached	678	M	122	MV40	40	4:53/K	48:53.2
145	49:03.3	Ailie Howat	Unattached	455	F	23	FSnr	14	4:53/K	48:53.7
146	49:21.5	Ada Stewart	Kirkintilloch Olympians	658	F	24	FV50	3	4:56/K	49:15.2
147	49:23.4	Joanne Simpson	Unattached	641	F	25	FSnr	15	4:55/K	49:08.9
148	49:24.6	David Toner	Unattached	666	M	123	MV40	41	4:56/K	49:18.4
149	49:28.0	John Slocombe	Troon Tortoises AC	644	M	124	MV60 ++	7	4:55/K	49:12.5
150	49:28.6	James Andrew	Unattached	307	M	125	MV40	42	4:55/K	49:08.6
151	49:40.8	Rory Matheson	Unattached	515	M	126	MSnr	63	4:56/K	49:24.0
152	49:44.6	Emma Kay	Victoria Park City of Glasgow AC	473	F	26	FSnr	16	4:58/K	49:35.4
153	49:46.0	James Anthony Stevenso	Scottish Fire & Rescue Service AC	655	M	127	MV50	14	4:58/K	49:35.0
154	49:51.6	Caileigh Cowan	Unattached	377	F	27	FSnr	17	4:59/K	49:46.6
155	49:53.8	James Jones	G72 Tri	467	M	128	MSnr	64	4:59/K	49:45.8
156	49:59.7	Kirsteen Milne	Unattached	571	F	28	FSnr	18	4:59/K	49:47.7
157	50:10.9	Brian Darroch	Kilmarnock H & AC	390	M	129	MV40	43	5:00/K	49:58.2
158	50:12.8	Richard Beaton	G72 Tri	322	M	130	MV50	15	5:01/K	50:05.3
159	50:13.7	David Kelly	Hamilton Harriers	477	M	131	MV50	16	4:59/K	49:49.9
160	50:13.7	Claire Rogerson	Unattached	622	F	29	FSnr	19	5:00/K	49:56.9
161	50:13.8	Michael Waddington	Unattached	676	M	132	MV40	44	5:00/K	50:02.2
162	50:14.4	Mhairi Ritchie	Unattached	615	F	30	FSnr	20	5:00/K	50:02.1
163	50:15.3	Gillian Smith	Perth Road Runners	645	F	31	FSnr	21	4:59/K	49:53.5
164	50:21.1	Paula Wilson	Kilmarnock H & AC	690	F	32	FV40	8	5:02/K	50:15.6
165	50:25.1	Hilary Millar	Giffnock North AAC	570	F	33	FV50	4	5:02/K	50:21.2
166	50:29.2	John Crombie	Unattached	383	M	133	MV60 ++	8	5:01/K	50:08.5
167	50:31.9	Anne Scott	Unattached	634	F	34	FV40	9	5:02/K	50:22.4
168	50:43.1	Graham Crombie	Unattached	385	M	134	MSnr	65	5:03/K	50:34.2
169	50:47.3	Andrew Guerin	Unattached	436	M	135	MSnr	66	5:03/K	50:26.0
170	50:53.1	Stephen McGhee	Unattached	540	M	136	MV40	45	5:05/K	50:48.2
171	50:59.7	Tarandeep Kaur	Unattached	472	F	35	FSnr	22	5:06/K	50:55.5
172	51:05.1	Susan Beattie	Kilmarnock H & AC	323	F	36	FV50	5	5:06/K	50:59.0
173	51:07.4	Stuart MacFarlane	Unattached	499	M	137	MV60 ++	9	5:06/K	50:57.4
174	51:07.9	Shirley MacNab	Kirkintilloch Olympians	504	F	37	FV50	6	5:05/K	50:54.7
175	51:17.9	Shona Craven	Unattached	380	F	38	FSnr	23	5:07/K	51:12.2
176	51:24.0	Andy Seville	Unattached	636	M	138	MV50	17	5:07/K	51:07.2
177	51:26.9	Jacqui Atkinson	Unattached	311	F	39	FV40	10	5:07/K	51:09.1
178	51:42.9	Kevin Lelland	Unattached	490	M	139	MSnr	67	5:09/K	51:33.7
179	51:57.1	Kenny Weir	Unattached	684	M	140	MV60 ++	10	5:11/K	51:52.9

180	52:01.7	Andrew Bickerstaff	Hamilton Harriers	329	M	141	MSnr	68	5:10/K	51:37.2
181	52:12.1	Peter Ryan Ryan	Unattached	630	M	142	MV50	18	5:11/K	51:52.4
182	52:15.2	Ruth Kirk	Ayr Seaforth AAC	482	F	40	FV40	11	5:13/K	52:10.6
183	52:28.8	John McBride	Calderglen Harriers	521	M	143	MV50	19	5:12/K	52:02.4
184	52:31.3	Pauline Henderson	Unattached	447	F	41	FV50	7	5:14/K	52:17.5
185	52:38.1	Yvonne Green	Unattached	432	F	42	FV50	8	5:14/K	52:16.0
186	52:40.3	Pamela Bridge	Team Turquoise	343	F	43	FV60++	1	5:15/K	52:26.6
187	52:42.9	Brian Keenan	Bellahouston Road Runners	474	M	144	MV40	46	5:15/K	52:29.3
188	52:47.2	Douglas Dickson	Kilmarnock H & AC	394	M	145	MV50	20	5:16/K	52:39.1
189	52:51.8	David Galacher	Unattached	416	M	146	MSnr	69	5:16/K	52:35.5
190	52:59.4	Jason Miles-Campbell	Hamilton Harriers	568	M	147	MV40	47	5:15/K	52:29.7
191	53:04.7	Philip McEachen	Unattached	535	M	148	MSnr	70	5:16/K	52:43.6
192	53:09.6	Graeme McKenzie	Troon Tortoises AC	549	M	149	MV40	48	5:18/K	52:55.3
193	53:10.1	Maureen White	Unattached	687	F	44	FV50	9	5:17/K	52:49.5
194	53:11.5	Meghan McDowall	Unattached	534	F	45	FU18	1	5:18/K	52:59.3
195	53:11.7	Stephen McDowall	Ayr Seaforth AAC	533	M	150	MV40	49	5:18/K	52:59.7
196	53:16.7	Alison Wheatley	Unattached	686	F	46	FSnr	24	5:19/K	53:05.0
197	53:18.1	Matt Stretton	ATHelite Tri club	660	M	151	MV40	50	5:19/K	53:07.3
198	53:19.9	Pamela Parker	Kirkintilloch Olympians	597	F	47	FV50	10	5:19/K	53:08.4
199	53:20.7	Susan Alexander	Unattached	304	F	48	FV50	11	5:16/K	52:44.9
200	53:28.4	Murray Sherriff-Short	Troon Tortoises AC	638	M	152	MV40	51	5:20/K	53:15.3
201	53:39.8	Ruth MacAllister	Unattached	494	F	49	FSnr	25	5:20/K	53:23.9
202	53:40.0	Cameron MacAllister	Unattached	493	M	153	MSnr	71	5:20/K	53:23.9
203	53:42.7	Campbell Wilson	Unattached	691	M	154	MV50	21	5:21/K	53:26.8
204	53:48.5	Brian Graham	Kilbarchan Amateur Athletic Club	427	M	155	MV50	22	5:22/K	53:39.5
205	53:56.9	Lindsay Milton	Unattached	572	M	156	MV50	23	5:23/K	53:47.8
206	54:02.4	Colin Mutch	Unattached	585	M	157	MV60 ++	11	5:23/K	53:47.6
207	54:05.3	Catherine McKean	Troon Tortoises AC	545	F	50	FV60++	2	5:23/K	53:51.0
208	54:06.1	Janice McKellar	Ayr Seaforth AAC	548	F	51	FV60++	3	5:23/K	53:50.0
209	54:06.5	Hannah Hill	St Bees Triers	450	F	52	FV40	12	5:23/K	53:53.3
210	54:07.1	Catriona Gourley	Giffnock North AAC	425	F	53	FV50	12	5:24/K	53:59.3
211	54:07.5	Laura Barr	Unattached	316	F	54	FSnr	26	5:23/K	53:45.5
212	54:12.0	Peter Nolan	Macclesfield Harriers & AC	594	M	158	MV60 ++	12	5:24/K	54:00.6
213	54:14.4	Calum McCabe	Unattached	522	M	159	MV50	24	5:24/K	53:59.3
214	54:18.1	Pat Standen	Unattached	653	F	55	FV60++	4	5:24/K	53:59.3
215	54:42.3	Alisdair Jamieson	Unattached	462	M	160	MSnr	72	5:26/K	54:22.9

216	54:49.2	Tim Murphy	Unattached	580	M	161	MV40	52	5:27/K	54:34.2
217	54:56.6	Chris Moon	Strathaven Striders	574	M	162	MV50	25	5:29/K	54:51.6
218	54:57.4	Alison Moon	Unattached	573	F	56	FV50	13	5:29/K	54:52.1
219	54:58.3	Robbie Fulker	Scottish athletics	415	M	163	MV60 ++	13	5:29/K	54:49.1
220	55:01.4	Michelle McLaughlin	G72 Tri	551	F	57	FSnr	27	5:29/K	54:46.3
221	55:03.6	Karen McMillan	Ayr Seaforth AAC	556	F	58	FV40	13	5:28/K	54:39.1
222	55:11.0	Clifford Stoller	Unattached	659	M	164	MV50	26	5:27/K	54:34.7
223	55:22.0	Mark Cassidy	G72 Tri	365	M	165	MSnr	73	5:31/K	55:07.3
224	55:36.0	Janice McNichol	Unattached	559	F	59	FV50	14	5:32/K	55:23.4
225	55:39.9	Rebecca Shields	Unattached	640	F	60	FSnr	28	5:33/K	55:25.0
226	55:41.0	Cara McCormick	Unattached	526	F	61	FV40	14	5:33/K	55:30.0
227	55:44.1	Rod Kruse	Unattached	485	M	166	MV40	53	5:33/K	55:27.1
228	55:59.9	Kirsty MacKay	Unattached	501	F	62	FV40	15	5:34/K	55:39.2
229	56:10.2	Elaine Bufton	Unattached	350	F	63	FV50	15	5:35/K	55:54.6
230	56:12.1	Ross Abercrombie	Unattached	301	M	167	MSnr	74	5:35/K	55:50.2
231	56:14.8	Stephen McKee	Clydesdale Harriers	546	M	168	MV50	27	5:35/K	55:50.7
232	56:20.6	Sarah Brown	Unattached	344	F	64	FSnr	29	5:37/K	56:06.8
233	56:21.8	Ross Green	Ayr Seaforth AAC	430	M	169	MV50	28	5:35/K	55:54.6
234	56:21.9	Kirsty Green	Ayr Seaforth AAC	431	F	65	FV40	16	5:36/K	55:58.2
235	56:26.0	Maya Trivedy	Unattached	672	F	66	FSnr	30	5:37/K	56:08.3
236	56:53.1	Douglas Alexander	Ayrodynamic Triathlon Club	302	M	170	MSnr	75	5:40/K	56:36.6
237	56:58.2	Kevin Beck	Kilmarnock H & AC	326	M	171	MSnr	76	5:41/K	56:50.4
238	57:02.6	Angela Hammond	Giffnock North AAC	441	F	67	FV40	17	5:41/K	56:48.6
239	57:14.2	Vanessa Pearce	Unattached	598	F	68	FV40	18	5:41/K	56:52.0
240	57:25.2	David Ryan	Unattached	628	M	172	MV60 ++	14	5:44/K	57:19.6
241	57:33.6	Russell Couper	Calderglen Harriers	376	M	173	MV50	29	5:45/K	57:31.6
242	57:36.1	Laura Scott	Troon Tortoises AC	697	F	69	FSnr	31	5:43/K	57:12.6
243	57:58.6	Finlay Dowell	Irvine Running Club	400	M	174	MV50	30	5:47/K	57:52.3
244	58:03.4	Lyle Beattie	Unattached	325	M	175	MSnr	77	5:48/K	57:56.5
245	58:03.6	Lindsay Wilson	Unattached	692	F	70	FSnr	32	5:48/K	57:56.7
246	58:19.2	Anne Noble	Troon Tortoises AC	593	F	71	FV50	16	5:49/K	58:05.2
247	58:19.3	Hazel McFarlane	Troon Tortoises AC	536	F	72	FV50	17	5:49/K	58:05.4
248	58:45.7	Martin Sleep	Unattached	643	M	176	MV50	31	5:50/K	58:19.8
249	58:52.1	Roy Trivedy	Unattached	673	M	177	MV50	32	5:51/K	58:34.6
250	58:56.3	Julie McAlpine	Hamilton Harriers	520	F	73	FSnr	33	5:51/K	58:33.7
251	58:59.2	Sandra Dickson	Kilmarnock H & AC	395	F	74	FV40	19	5:53/K	58:48.7

252	59:48.1	Siobhan Boyle	Unattached	337	F	75	FV40	20	5:57/K	59:33.4
253	1:00:05.6	Adriano Renucci	Unattached	613	M	178	MV40	54	5:59/K	59:47.4
254	1:00:30.7	Jennifer Lee	Tayside Running Sisters	487	F	76	FV40	21	6:02/K	1:00:20.3
255	1:00:31.2	James Kent	Unattached	480	M	179	MV60 ++	15	6:01/K	1:00:14.0
256	1:00:32.4	Fiona McGhee	Unattached	538	F	77	FV40	22	6:02/K	1:00:16.9
257	1:00:58.6	Susan Brearley	Unattached	341	F	78	FSnr	34	6:04/K	1:00:40.5
258	1:01:24.3	Joan McIntosh	Troon Tortoises AC	542	F	79	FV40	23	6:07/K	1:01:05.1
259	1:01:31.8	Janice McClory	North Highland Harriers	524	F	80	FV50	18	6:07/K	1:01:12.4
260	1:01:52.0	Jillian Toner	Unattached	665	F	81	FV40	24	6:11/K	1:01:45.0
261	1:02:02.6	Helen Philips	Unattached	422	F	82	FV50	19	6:11/K	1:01:50.1
262	1:02:15.6	Elizabeth Martin	Unattached	510	F	83	FV50	20	6:12/K	1:02:04.2
263	1:02:15.8	Rachel Martin	Unattached	512	F	84	FSnr	35	6:12/K	1:02:04.5
264	1:02:19.3	Nona Tracey	Unattached	669	F	85	FSnr	36	6:13/K	1:02:07.7
265	1:02:52.1	Coral Beattie	Unattached	324	F	86	FSnr	37	6:17/K	1:02:45.8
266	1:03:02.4	Maira Kelly	Unattached	475	F	87	FV40	25	6:16/K	1:02:40.8
267	1:03:07.7	Lisa Tracey	Unattached	668	F	88	FSnr	38	6:18/K	1:02:55.9
268	1:03:15.2	David Shields	Unattached	639	M	180	MV50	33	6:18/K	1:03:00.1
269	1:03:44.9	Dorothy Russell	Unattached	627	F	89	FSnr	39	6:21/K	1:03:29.1
270	1:03:52.0	Kirstie MacKenzie	Unattached	502	F	90	FSnr	40	6:22/K	1:03:36.8
271	1:03:52.1	Laura McIntyre	Toni's Tigers	544	F	91	FSnr	41	6:22/K	1:03:37.1
272	1:04:01.7	Jayne Ferguson	Unattached	411	F	92	FSnr	42	6:23/K	1:03:51.2
273	1:04:31.6	Fiona Murphy	Unattached	581	F	93	FV40	26	6:26/K	1:04:15.2
274	1:04:49.3	Heather Daly	Unattached	388	F	94	FV40	27	6:28/K	1:04:42.4
275	1:05:21.6	Kirsty Lees	Unattached	489	F	95	FSnr	43	6:30/K	1:05:00.3
276	1:05:24.8	Amy Campbell	Unattached	361	F	96	FSnr	44	6:31/K	1:05:05.3
277	1:05:50.0	Michael Rollins	Unattached	623	M	181	MSnr	78	6:34/K	1:05:38.8
278	1:06:13.1	Emily McGarva	Unattached	537	F	97	FSnr	45	6:36/K	1:05:55.3
279	1:06:13.2	Peter Brearley	Unattached	342	M	182	MSnr	79	6:36/K	1:05:55.1
280	1:06:51.2	Murray Grier	Unattached	433	M	183	MV40	55	6:39/K	1:06:28.8
281	1:06:52.7	Kirsten Grier	Unattached	434	F	98	FSnr	46	6:39/K	1:06:30.2
282	1:06:58.6	Eric Baird	Unattached	313	M	184	MV60 ++	16	6:40/K	1:06:42.8
283	1:07:31.6	John Dooley	Unattached	398	M	185	MV50	34	6:44/K	1:07:23.1
284	1:07:31.8	Jan Smyth	Unattached	649	F	99	FV50	21	6:44/K	1:07:22.9
285	1:07:34.2	Rachel Cox	Monkton Milers	378	F	100	FV40	28	6:43/K	1:07:08.9
286	1:07:34.3	Lorna Fraser	Unattached	413	F	101	FV40	29	6:43/K	1:07:09.6
287	1:07:51.0	Ally Conway	Unattached	373	F	102	FSnr	47	6:45/K	1:07:30.6

288	1:09:08.3	Ian Grant	Garscube Harriers	429	M	186	MV60 ++	17	6:53/K	1:08:50.1
289	1:09:14.9	Evelyn McKee	Clydesdale Harriers	547	F	103	FV50	22	6:53/K	1:08:54.7
290	1:09:14.9	Liz Naismith	Unattached	586	F	104	FV50	23	6:53/K	1:08:54.8
291	1:09:54.9	Ian McManus	Irvine Running Club	699	M	187	MV60 ++	18	6:59/K	1:09:45.3
292	1:12:12.7	Karly Walters-Smith	Vegan Runners UK	681	F	105	FSnr	48	7:10/K	1:11:43.4
293	1:14:14.5	David Burns	Unattached	353	M	188	MV40	56	7:24/K	1:14:01.8
294	1:14:15.8	Gail Burns	Unattached	351	F	106	FV40	30	7:24/K	1:14:03.4
295	1:16:27.2	Barbara Mary Brown	Dundee Road Runners AC	345	F	107	FV60++	5	7:38/K	1:16:22.9